**Message from the Principal**

**SASS WEEK**

This week we celebrate School Administrative and Support Staff week. We recognise and acknowledge the wonderful work these members of our CSPS staff do on a daily basis. Whether in the front office, in classrooms or around the school, they ensure that our school provides the best service for our students, staff and community.

Our SAS Staff:
- Administrative Manager – Mrs Rose Martin
- Administrative Officers – Mrs Daniela Morrison and Mrs Linda Ingham,
- School Learning Support Officers – Mrs Wilma Fraser, Mrs Ony Chu and Mrs Helen Tsoutsouras
- General Assistants – Mr Vittorio Nicoletti and Mr John Sherry

**JOHN BLAIR – PARENT OF THE YEAR AWARD**

It is with great pleasure that I announce that Mr John Blair has been selected as a recipient of the Public School Parent of the Year Award. Mr John Blair has been an active member of the Canterbury South Public School Community over the past 4 years and has been proactive in his many roles. As a parent to son Maliyan, he has been involved in the day to day enlightenment of Aboriginal perspectives within our school. He was also the President of the School’s Parents and Citizens. As a volunteer/actor, he supported the drama group by directing an outstanding performance that was part of our NAIDOC school assembly. As an experienced story teller and educational leader in Aboriginal perspectives and way of life, John has been instrumental in providing ongoing teacher professional learning. We are fortunate as a community to have such a valuable member and asset in John Blair.

This prestigious award recognises the significant contribution that John has made to the school and the wider public education community. John will be awarded at a special ceremony at Parliament House on Tuesday 15 September. Congratulations!!!

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**GARDENING**

On Saturday we had our Term 3 Garden Bee and what a success it was. The weather was spectacular and the support was awesome. I would like to thank everyone who came along to help out on the day. I would like to especially thank Pip and Tom Gibian (Marilla’s - KA Grandparents) for their generous donation of beautiful native plants that were all planted along High Street. I look forward to our next garden bee where we will look at working on another school garden beds.

Thanks you to:
Nick and Samuel Brewster
Jane and Marilla Gibian
Jenny, Thea and Elise Martin
Mrs Sotello, Mrs Jessop-Smith and Mrs Fraser
Annabel, Milla and Sam McKim
Tom, Taiki and Lisa Arita
Trish and Alice Bursil Dickinson

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**CELEBRATING NAPLAN RESULTS**

Well done to all the students who completed the NAPLAN assessment this year. 2015 Year 3 trend data show a significant achievement in reading, writing and grammar and punctuation where CSPS students outperformed Department of Education Schools and all other schools across the entire state in these tests.

Well done to Year 5 students many of whom achieved Band 7 and 8 results.

Whilst we achieved outstanding results in many areas, 2015 NAPLAN result indicated that as a school, Numeracy is an area that we need to focus on.

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**TELL THEM FROM ME SURVEY**

In the last newsletter I spoke about the Tell Them From Me survey. A huge thank you to the families who have completed the online survey. There is still time to complete the survey if you haven’t already done so. **The parent survey window is between 17 August and 16 October.**

This survey asks you, our parents and carers, questions about different factors that are known to impact on student wellbeing and engagement. By completing this survey you have an opportunity to tell us your perspectives on your child’s/children’s experience at school.

This includes things like:

- communication between parents/carers and staff
- activities and practices at home and parent/ carer views on the school’s support of learning and behaviour.

Your valuable feedback will help our school make practical improvements.

**For easy access to the survey, simply click on the following link. This link is also available via the school app under the tab “links”**

https://nsw.tellthemfromme.com/j_acegi_security_check?
j_username=parent18457&j_password=Can5109

Participating in the survey is entirely voluntary, however, your responses are very much appreciated.

Until next time......have a great fortnight!

*Daniela Frasca - Principal*
Art Show

Our annual Art Show this year will be on Thursday 10 September. We would like to promote our fantastic show and outstanding student talent to our wider community. We would like your help with a letter box drop to the streets surrounding our school. If you would like to support Canterbury South and help promote the Art Show, please see Rose in the office where the map and flyers will be available for you. Thank you for your support.

Swimming Scheme Reminder

If you have not already done so, please ensure you return your permission note with your money to the office as soon as possible. We have been allocated a limited number of spots and once full we are unable to take any more students.

Scooters

While we encourage students to be active and ride scooters to school, please ensure Road Safety rules are followed. A helmet must be worn while riding a scooter on the footpath. All scooters are to be parked/locked securely on the bike rack located at the France Street gate. CSPS are not responsible for scooters or bikes and in order to prevent loss or damage. They are not to be left near classrooms and bags.

Jam on Toast Concert

Last Thursday the Chinchero Class of the Hurlstone Park Children’s Centre along with K-2 experienced a fabulous performance by Jamie from Jam on Toast. He received a rock star’s welcome and the students giggled and squealed with delight as he entertained them and sang to them on piano and guitar. The children joined in by singing and dancing to some songs they knew such as One Sunny Day, Wake Up, Fabuloso and Grandma’s Garden. These are songs that have been used to teach various musical concepts in the music program this year. The students learned some new songs too such as how to sing good morning in many different languages. The concert concluded with an enormous crowd pleaser – the audience put on their dancing shoes to sing and dance in 6 different styles to New Shoes. A great time was had by all even the teachers were smiling!

Thank you to those families who purchased Jam on Toast CDs and DVDs. You helped to raise $100 for musical instruments for the school. Ms Young
Combined Public Schools Music Festival

Last Tuesday 25 August evening 91 students represented CSPS and joined together with Narwee PS, Wiley Park PS, Peakhurst West PS and McCallums Hill PS for night 2 of The Combined Public Schools Music Festival at the Bankstown Sports Club. It was a huge success. The massive combined choir conducted by the talented Lisa Lupton and Claire Wan, accompanied by Phil Grove on piano and Mark Marriott on drums opened with a beautiful version of the National Anthem in two part harmony. They carried on singing Bright Eyes, the beautiful Angles (by commissioned Australian composer Ian Jefferson) and popular Lorde song Royals. This was followed by a stunning performance by the CSPS Crouching Tiger Ensemble opening with a strike of the Chinese gong followed by a call and response on djembes and congas. Then recorders and violin crept in along with the cymbals and Tibetan Prayer bells. The piece ended with a big bang. The choir then continued to sing about Monsters in the Mud, Love and Crocodile Rocking. There were great performances from other schools and then the choir sang You’ve Got a Friend, The Rhythm of Life and Sweet Caroline. Miss Lakiss’ K-2 dance group did a stunning and energetic performance in perfect time to Uptown Funk. The students looked fabulous in their colourful costumes. The choir continued singing Under the Boardwalk and The Never Ending Story and were followed by a wonderful performance from Mrs Bodell’s 3-6 dance group who displayed a number of different styles of dance to On Top of the World. Olivia Newton John’s Xanadu was the concert finale! There were lots of happy parents and smiling faces. On Wednesday the students were off to a sleepy start.

If anyone has any photos or video of the Choir or Crouching Tiger Performance Ensemble they could share with Ms Young that would be fantastic.

2SY Maths Groups

2SY do measurement maths groups on Thursdays and Fridays. They measure length, mass, volume, capacity, area, and time. You name it... they measure it!
Music: Count Us In

GOLD

29 October 2015 – 12:30 – Community Event in the School Hall

57 Days to go! In 57 days we will be singing the same song at the same time together with 500,000 students across Australia. This year the song is called GOLD. Everyone is welcome at this community event in the Canterbury South Public School Hall at 12:30pm on Thursday 29 October.

Parents, students and friends... there is time to learn the piece so if you play an instrument grab a music score from Ms Young (she has them for just about every instrument imaginable) and come and be part of the fun. Do we have any bass guitar players or vocalists in our community? If so please contact Ms Young. If you would like an MP3 copy of the song please send in a USB in a named envelope and place it in the note box in the front office. For more information about this wonderful Music Program go to https://musicaustralia.org.au/program/countusin/

Music education has been proven to improve students’ literacy, numeracy, school attendance and confidence. Music: Count Us In brings teachers, parents, students and the music industry together in celebration, as more than half a million people unite to sing the same song at the same time, right across the country.

Extra Curricular Recorder Groups

Beginner Recorder Group – Friday Mornings 8:45am in the 2SY Room

This group is open to beginner recorder players but is also differentiated for intermediate players who need to learn to read music from the stave without letter names. It is open to anyone in the school so feel free to join.

Gold Recorder Group W8, 9 & 10 – Thursday Mornings 8:35am in the 2SY Room

For the rest of the term we will be working on the recorder part for Gold - Music: Count Us in Program (there are two recorder parts, beginner and advanced). All students are welcome to join us.

Canteen Update

Commencing Week 10 there will be limited items for sale and there will be no winter specials. This is to ensure all stock is sold before the end of term so we can start a new in Term 4. Thank you for your continued support, Leyla.

Book Week

On Monday 24 August we held our Book Week Parade. It was a great success with teachers and students dressing up. Thank you to those parents who created outfits for your children to show off their favourite book characters.

A great time was had by the Year 6 students who carried out a scientific experiment for all classes on the day.

A big Thank you to Mrs Bodell for organising the day, it was a lot of fun. What a great way to celebrate Book Week.
Kindergarten 2016

If you have a child who is due to start school in 2016, please collect an enrolment form from the Office if you have not already done so. Don’t forget you need to include a copy of your child’s birth certificate or a valid passport, utility bill or rental agreement as well as an up to date Immunisation Certificate from Medicare.
FUN WAYS TO BE ACTIVE EVERY DAY

Motor skill development in children is important for the exploration and interaction with the surrounding world. Motor skill development is easier at a younger age and is linked with greater overall gains. Motor skill development should be encouraged in pre-school and Stage 1 school students.

Three areas of focus for young children are:
- Catching, throwing and kicking
- Balance
- Jumping, leaping and hopping.

Ideas for developing catching, throwing and kicking
- Use a variety of balls, incorporating different sizes, shapes, textures and weight.
- Scarves, balloons, tissue paper and other slow moving objects can be utilised in the early learning stages.
- Implementation of targets assists with accuracy of throwing and kicking.

Ideas for developing balance
- String, tape, chalk lines or rope can be used as a line for children to practice walking along.
- Big wooden blocks can be used for stepping and balancing.

Ideas for developing jumping, leaping and hopping
- Hopscotch and trampolines are great for development.
- Above head streamers and blowing bubbles are a great way to encourage jumping, touching, grabbing and catching.

More information


Warming up Before Exercise

Warming up before exercise is important. It reduces the likelihood of injury and improves performance. But there is a right way and a wrong way to warm up.

Recent findings show that static stretching, holding a lengthened muscle in the same position for an extended period of time, impairs performance. Static stretching can assist the treatment of muscular imbalances, and is still important for warming down after exercise. However, it is counter-productive before exercise, impairing explosive movements and strength performance.

A dynamic warm-up that closely resembles the specific movements of the activity about to be performed is the best option prior to exercise. Dynamic warm-ups include skipping, squat jumps, leg swings, push-ups and shoulder rotations. It is important when warming up not to bounce, nor push to a point of pain.

Before performing dynamic stretches, the body should be warmed up first. Dynamic stretches are also effective at increasing heart rate, preparing the nervous system for exercise and peak performance.

For slow moving activities that require a high level of flexibility, static stretching is still appropriate.

More information

Canterbury Boys High School Celebrates NAPLAN Success

NAPLAN 2015 results at CBHS showed outstanding improvement for all boys in Year 9. In the key measure of success—student growth, CBHS outperformed Department of Education schools and all of the schools across the entire state in tests.

The state average for improvement in reading was 38.6, our Year 9 students improved by an average of 57.4. The school recorded improvement of over 50 points in Numeracy (54.4) and almost doubled the state average of 27.7 in Grammar and Punctuation with a score of 51.9. Writing improvement exceeded the state by nearly 10 points and Spelling by nearly 16.

Year 7 students also made a promising start to high school, achieving plenty of Band 8 and 9 results in all sections of the test.

Regional Athletics Carnival

Congratulations to the students who represented the Wiley Park Zone at the Sydney East Region Athletics Carnival, Wednesday 19 August at Sydney Olympic Park Athletics Centre.

Bejhan Maung - Junior Girls Relay
Moli Latijinpulu - High Jump
Blake Hazelton - 100m
Dalia Nabhan - Junior Girls Relay and 100m
Elise Martin - 800m
Tate Cole - High Jump
Poura Franheim - Junior Girls Relay
Hana Arita - 800m
Dainen Welsh - 100m

Canterbury South also won the most improved school in the zone for athletics in 2015.

Well done to all the students who attended and thank you to Mrs Jessop-Smith, Mr Sullivan, Mr Sanchez and Miss Harris who accompanied the students on the day.

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Early intervention is important so book your child's initial consultation with our specialist orthodontist today

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Congratulations to our award winners! Awards will be presented at the School Assembly on Friday 4 September 2015.

**BRONZE AWARDS**

Emil Pihl-Morison - **KA**  
Jack Kriletich, Anthony Lecaros, Iliana Bizannes, Hanna Rowe - **KL**  
Dion Plessas (awarded 21 August) - **1C**  
Thanasi Skarmoutsos, Mohamad Kowaider, Luka Pihl-Morison, Ba Lan Nguyen, Maverick Holmes (awarded 21 August) - **2SY**  
Jorden Wilson, Max Casarin - **2M**  
Tobias Poidevin, Laura Scrivener, Nicholas Caltaux, Edie Crawcoun-Smith, - **3/4A**  
Tori Hronopoulos, Clare Bradbery, - **3/4S**  
Hewson Nugyen - **4/5M**  
Tailki Arita - **5/6J**

**Fun Run Totals/KA Pizza Party** – KA had their pizza party on Monday 31 August to celebrate being the class that raised the most money for the fun run. In total the whole school effort raised a mammoth **$4,875**! Thank you so much to all the family efforts in getting the sponsorships and helping your children bring in the money. That decking around the tree in High Street, protecting the tree roots and providing a lovely area to sit, is getting closer to being reality! You are awesome! So wonderful too to have years 5 & 6 working to bring in money. It means a lot to the P&C to know you are supporting the events.

**Next Term – Term 4**
- Crazy Camel – the art paper is ordered. Paper and information will come home at the start of next term. Your children will get the opportunity to draw something colourful which ends up as a calendar/card/iphone cover/diary/pillow case....
- Christmas Raffle – thoughts, ideas, donations please

Looking forward to next year
What have you enjoyed this year? What would you like to see more of next year? What can be done differently? Would you like to be President, Vice President, Secretary or Treasurer? Would you like to be on a committee or head up a committee? Now is a really good time to start those conversations and feedback so we can plan ahead J.

Did you know?
After every P&C meeting the minutes are typed up and available to be read. The notes detail everything that was discussed, so even if you can’t be at the meeting, you can read what happened. Interested? Pop your email address in the P&C box and we’ll sign you up to receive the minutes and agendas.

Contacts for the P&C
If you have views or great ideas you can email the P&C at csps.pandc@gmail.com or speak to a member of the P&C, or simply drop a note in the P&C box. For information sign up to Wiggio!

The P&C is proudly supported by LJ Hooker Dulwich Hill and Marrickville.

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**From the P&C**

**Upcoming Events – save the dates!**
- Fathers’ Day Stall – 4th September. Sign up on the white board to help out on the day.  
- Spooky Disco – 30 October 2015 – all help gratefully received.

**The P&C are still collecting!**

**Please drop at the front office…..**
- Any clear empty plastic washing up bottles.  
- Plastic bags for taking home Father’s Day gifts.  
- Take away boxes for the cake stall.

**Fathers’ Day Stall – 4th September 2015**
The stall will be open from 8.45am with lots of handmade items. Choice of $3, $5 & $10 items. Helpers can sign their names on the white board out in the mornings. Or let Naz know, and if all else fails, just appear on the 4th and offer assistance.

**4/5M Cake Stall – $64 raised. No cake stall this week because of Fathers’ Day,** but **3/4A- get thinking because it will be your turn on the 18th September. Remember you can make posters to advertise.**