Message from the Principal

CSPS IS GROWING

Canterbury South is growing! Over the next few weeks you will see some exciting work taking place in Napier Street. We will be receiving a demountable to accommodate for our 12th class. We are still in negotiation for another building to accommodate the support programs. There may be changes to the playground areas while this work takes place. I will be sure to keep you posted.

ARE YOU AN EFFECTIVE DIGITAL PARENT?

Recently I attended the Police and Principal’s Forum and had the pleasure of listening to Mira Danon, a leading Australian internet safety expert working with schools, teachers, families, children, mental health professionals, universities and law enforcement.

Mira is an advocate for children’s online safety and is actively involved in researching youth digital culture, online privacy and security. Her focus is on providing current evidence based advice for young people, families and educators of online risks, and responsible use of technology.

Her presentation was highly informative, engaging and thought provoking. The presentation emphasised an importance for parents and cares to proactively join their young children, tweens and teens on their technology journey by developing safe online habits, respect for ethical and legal responsibilities, understanding digital citizenship, reputation management and protecting Privacy.

It is my pleasure to announce that Mira Donan will be delivering a parent session here at Canterbury South PS Monday 23rd November in the school hall, starting at 6:30pm.

This is the perfect opportunity to come along and participate in a powerful presentation and ask questions of the expert.

Supper will be served from 6pm....This is a parents only session...everyone is welcome, you could even win a Samsung tablet.

A note will be coming home over the next few weeks, please add this date to you diary.

Until next time.... Daniela Frasca Principal
Maths with 1G

For the last few terms 1G has been having fun doing a range of TEN (Teaching Early Numeracy) activities. With a focus upon using dice, playing cards and dominoes to teach Mathematics, 1G has been learning a lot whilst also having loads of fun.

Scooters & Bikes

While we encourage students to be active and ride scooters and bikes to school, please ensure Road Safety rules are followed. A helmet must be worn while riding a scooter or a bike on the footpath. All scooters and bikes are to be parked/locked securely on the bike rack located at the France Street gate.

CSPS are not responsible for scooters or bikes and in order to prevent loss or damage. They are not to be left near classrooms and bags.

Song Writing Competition – A Canterbury Hurlstone Park RSL Club Initiative

Years 5 & 6 have been workshopping with two of our wonderfully talented parents Liz, a professional writer, and Tori, a professional musician, to come up with an original rap with a melodic chorus for a song writing competition with the Cooks River Arts & Cultural Alliance. The rap is a narrative called “Your Friends, My Friends” and explores the concepts of bullying and positive relationships.

Awa, Jemesa, Caleb, Aris, Saaid, Daniel, Christian and Vaka have shown their talent making all kinds of weird and magnificent sounds beat-boxing and on body percussion and drums. The melodic chorus consists of Taki and Hewson on piano, David and Elise on recorder, Sam on guitar and Clara on violin.

In the final version our rappers have consisted of Alanna, Sabrina, Dalia Jack and Johnny playing the ‘Smart Kids’, Olivia, Elysia, Hana, Sophie, Lara & Izzy playing the ‘Cool Kids’ and Andreas, Rhys, Kevin, Sakopo and Blake playing the ‘Bullies’. Jack took on the challenge of recording the various groups and putting the recordings together to make a complete track on GarageBand. It sounds fantastic! Congratulations to all the students involved and Good Luck! The skills learned from this process will lead on to Years 5 and 6 producing their own individual songs in small groups using GarageBand later in the term during music lessons.
Auditions for the Festival of Instrumental Music (FOIM)- Descant Recorder

Students who are in Years 2 – 6 and are interested playing the recorder at the 2016 Festival of Instrumental Music will need to audition with Ms Young in Week 5. Auditions will be held on Thursday 5 November at 8:30am in the 2SY classroom. To audition the students will need to play a piece of music on the descant recorder that they are comfortable and confident with. The students could choose a piece from their Cool Cats books or alternatively they could choose a different piece. It is advised that students who attended the festival this year choose from the 2015 Opera House repertoire.

It is a year long commitment to be part of the FOIM and the students must be committed to practising at home several times a week and attending before school recorder sessions each and every week. It is an expectation of the FOIM that ALL repertoire be learned by ALL participating students and that they will be able to perform it with musicality, accuracy and from memory. It is a privilege to be chosen to represent the school at such an event and there are limited places. Our allocation of student numbers will be confirmed by the organisers of the event early next year and in turn places will be offered to the students then. Interested students need to start working on the first piece, York March, in Week 6 at the Thursday morning recorder session and practise over the holidays.

Students who do not obtain a place can still work with the Opera House students to learn the repertoire and will play at school events. It takes time and lots of practice to learn an instrument and secure a place in the festival and is realistic to assume that Year 2, 3 & 4 students will be working towards playing at the festival in Year 5 & 6.

Students who played at the FOIM this year and are interested in learning and playing treble recorder at the festival next year need to let Ms Young know at the audition. Trebles cost $42.95 and can be purchased at Optimum Percussion, 42 Burwood Road, Burwood.

Music: Count Us In – GOLD

29 October 2015 – 12:15pm – Community Event in the School Hall

1 DAY TO GO!!! At 12:30pm TOMORROW Canterbury South Public School together with some Canterbury Boys High School students, the Chinnerro Class of the The Hurlstone Park Children’s Centre, parents, teachers and friends will be celebrating music by singing the same song at the same time together with 500,000 students across Australia! This year the song is called GOLD. Everyone is welcome at this community event in the Canterbury South Public School Hall. Be in the hall by 12:15pm for a 12:25pm countdown. All manner of secret preparation has been occurring in the strangest of places. There may even be a few parents and teachers dusting off some old instruments. Music is for life! Come and be part of the fun.

Music education has been proven to improve students’ literacy, numeracy, school attendance and confidence. Music: Count Us In brings teachers, parents, students and the music industry together in celebration, as more than half a million people unite to sing the same song at the same time, right across the country.
NAIDOC Aboriginal Award

Elise Martin 4/5m is this year’s recipient of the NAIDOC Week medal of excellence for her creative writing piece. Her story is about a girl who moved from the city to the country and how she struggled to adjust to her new way of life. Elise was presented with her medal by the Mayor of Canterbury and the Director of NAIDOC week. She was one of 25 recipients Australia wide and one of two recipients in the Canterbury region. Congratulations on this illustrious achievement Elise.

Report It

Bullying can be described as an ongoing misuse of power through repeated verbal, physical or social behavior that can cause harm. Bullying can happen in person or online and it can be obvious or hidden. The term “bullying” is thrown around a bit excessively these days, and one thing we need to keep in mind is that not every confrontation is an instance of “bullying.” The key component is the power imbalance.

The playground at recess and lunch is a necessary time of relative freedom, play and recreation but it also needs to be a place and time where children can feel safe. For the most part of recess and lunch many students are able to play well and cooperate. When students experience difficulty in the play-ground we encourage them to consider reporting things they cannot solve themselves to a teacher.

You can support your child at home by asking if he/she reported the incident to a teacher on playground duty. More often than not most students do not report things to the teacher on duty which prevents immediate follow up. When students report things to the teacher because they need help from an adult or they are worried about being safe, teachers are able to deal with the students involved in a swift and respectful manner—this usually helps deescalate problems. What helps kids in navigating these kinds of challenges is resilience. Resilient kids are problem solvers. They face unfamiliar or tough situations and strive to find good solutions. This doesn’t mean that kids have to do everything on their own, rather they know how to ask for help and are able to problem-solve their next steps. Resilience can be taught. A parent’s job is to teach them to handle uncertainty and to problem-solve.

1. Don’t accommodate every need.
Whenever we try to provide certainty and comfort, we are getting in the way of children being able to develop their own problem-solving.
2. Avoid eliminating all risk.
Allow appropriate risks and teach your kids essential skills. Giving kids age-appropriate freedom helps them learn their own limits.

3. Teach them to problem-solve.
Engage your child in figuring out how they can handle challenges. Give them the opportunity, over and over, to figure out what works and what doesn’t.

4. Teach your kids concrete skills.
Focus on the specific skills they’ll need to learn in order to handle certain situations.

5. Avoid “why” questions.
“Why” questions aren’t helpful in promoting problem-solving. Ask “how” questions instead.

6. Don’t provide all the answers.
Rather than providing your kids with every answer, start using the phrase “I don’t know”. Using this phrase helps kids learn to tolerate uncertainty and think about ways to deal with potential challenges.

7. Avoid talking in catastrophic terms.
Pay attention to what you say to your kids and around them. Letting kids mess up is tough and painful for parents. But it helps kids learn how to fix slip-ups and make better decisions next time.

9. Help them manage their emotions.
Emotional management is key in resilience. Teach your kids that all emotions are OK. Teach them that after feeling their feelings, they need to think through what they’re doing next.

10. Model resiliency.
Of course, kids also learn from observing their parents’ behaviour. Try to be calm and consistent.

Resiliency helps kids get through the up’s and down’s of childhood and adolescence. Resilient kids also become resilient adults, able to survive and thrive in the face of life’s unavoidable stressors.

Canterbury Network Public Speaking Competition

Congratulations to Jake Brown, who was highly commended for his speech on “My Favourite Place” at the Canterbury Network Public Speaking Competition, held at Narwee Public School.

Congratulations also goes to all of our finalists for their tremendous courage, effort and behaviour. This has been a valuable experience for the students and one that they will remember for years to come.

Mr Robinson from Clemton Park Public, who is the Co-Ordinator for our area said “The quality of the competition continues to grow and this is evident in the breadth and depth of the presentations both with the prepared and impromptu speeches”.

Coffee & Chat

Mrs Frasca held the first Coffee & Chat for Term 4 this morning. The discussion was to update parents on what’s happening at CSPS this term and a few changes that are being made to Presentation Day this year.

Another Coffee & Chat will be held in Friday 30 October in the Staffroom.
Playing on School Grounds

Students who are not accompanied by their parent or caregiver must leave the school grounds and go straight home in the afternoon at 3.15pm. Students are not permitted to stay behind and play handball, or play on the equipment or play down the hill unless they are with their own parent.

Students who arrive at 8.45am are to sit on the silver seats outside the Admin building and wait. The school offers an OOSH Care Service if your child needs to be dropped off before 8.45am and picked up after 3.15pm. They can be contacted directly on 0434 829 822.

Parents who wish to stay behind with their child/ren and allow them to play on the equipment do so at their own risk. If an accident is to happen after 3.15pm children are legally in the care of their parents.

Students who are accompanied by an adult other than their own parent/carer must provide the school with written permission stating that the adult will assume the responsibility.

Parents and families are always welcome in our school and we hope to continue to build on these already sound relationships however, we must ensure that the safety and wellbeing of our students comes first.

Lunchbox snack foods

Children need to eat a range of different foods to provide nutrients to meet growth and energy needs. Snacks need to be everyday foods rather than sometimes foods.

Everyday Snacks

fruit loaf, plain popcorn, plain or fruit yoghurt, cheese and crackers, fresh fruit or canned fruit, dried fruit and cheese cubes and wholemeal biscuits
Parent Workshops

On Monday the 19th of October Mrs. Velasi taught 2M about films. It was a fantastic lesson that engaged all students. Students learned about camera angles, story boards and the different types of camera shots. Thank you to Mrs. Velasi for the fantastic lesson! - 2M

On Friday the 16th October, Kindergarten was very lucky to have one of our parents from KL come in to show us a kite demonstration. Frank Lorusso is the only person who regularly fly’s a Resolution Kite in Sydney. He is able to fly a 4 string kite single handed and have complete control of the kite. He was a participant in the event Festival of the Winds at Bondi in September. Not only did Mr Lorusso show us how he fly’s his kite, but he also taught the kindergarten students how to make their very own kite step by step. Once kindergarten students had made their very own kite, on Friday the 23rd October, we got to fly our kites down the hill and fortunately there was enough wind for them to fly. We would like to say a huge thank you to Frank for taking the time to share his talents and hobbies with us, Kindergarten had such a great time! If you would like to view Frank flying his kite, make sure you check out his YouTube channel: Frakie Flyin quad line revolution kites. - KL

5/6R and 5/6J welcomed the expertise of Dr Cath Hughes, Charlotte’s mum and a Senior research scientist at ANSTO in exploring the impact of radiation on the environment. The students had been learning about the impact of The Maralinga bombings on the Anangu people through an in depth study of the factual text Maralinga. Thanks to Cath, the students were able to connect with the concept of nuclear energy on a deeper level and were introduced to the important research that is still taking place in the region today. We are looking forward to more visits from Scientist Cath in the future.

Front Garden

At the end of last term a garden bee was held to plant and tidy the front garden. While these plants are becoming more established and begin to grow, we ask that you be careful not to allow your children to walk on or near the garden. Thank you.

AWARD WINNERS

BRONZE AWARDS
Lisa Arita, Alexander Potas, Siale Lauaki, Cailin Meade, Alice Bursill-Dickinson, Jake Alexander Rice, Isabella Ross, Sione Tafiti, Flora Youssef - 1C
Georgia Scrivenenr - 1G
Chrysaphia Skarmoutsos, Jezelle Martin, Ziyad Al-Hasan, Riyadh Allouche, Maria Fernandes Da Mota - 2M
Mico Pihl-Morison, Jad Hussein, Jessica De Oliveira, Ryddick Marelli - 3/4S
Amasia Tohotoa, Kikaran Girn, Darrel Lia - 4/5M
Sophia Brewster, Keane Lee, - 5/6J
Vaka Aho, Saffron Poidevin, Andreas Karadjis - 5/6R

SILVER AWARDS
Lucie Chi, Gemma Parker - KL
Bumbaarai Enkhbold - KA
Georgia Scrivener - 1G

Congratulations to our award winners!

Awards will be presented at the School Assembly on Friday 30 October 2015.
From the P&C

SPOKKY DISCO Sponsored by Betty Neos LJ Hooker Dulwich Hill

This Friday 30th October from 6pm-8pm.

This year’s Spooky disco will feature some amazing food again;

- Gourmet Jacks Meats sausages,
- Chinese pork belly with Asian slaw,
- Vegetarian arancinis (look out for the different flavours: roast beetroot with mint and dill, porcini mushroom, roast pumpkin and goat cheese, zucchini dill and lemon)
- Chicken wings with leafy salad. Big thanks to Fiona for doing a lot of the prep this time.
- Ice Cream

Look out for the café style seating and the amazing decorations provided by OSCH and the prefects from Canterbury Boys’ who are helping set up and throughout the night.

Some great activities for young and old:

- Nail polish, tattoos, face paint
- OSCH run Spooky Game Stall and Fun Dip

We always run out of change on the night so if you can bring coins with you that would be really appreciated.

Please look out for the whiteboard in the mornings and add your name where you can help. All help greatly appreciated!!!

Crazy Camel – The order has been sent, we are looking at a turn around time of 4-5 weeks so all the amazing gifts with the children’s artwork or photos will arrive in time for distribution to classrooms as Christmas gifts.

Thanks to all the families who worked hard on their submissions and supported this important P&C fundraiser, we have some amazing artists in our midst.

Gift Stalls - Running weekly from Friday 13th November until Friday 4th December the P&C will be holding Christmas stalls after school starting approximately 3pm to give children and their families the opportunity to purchase some of our lovely handmade and donated

at the Mother’s Day and Father’s Day Stalls including some amazing hand printed cards and terrific stationary donated by Officeworks Lewisham. These items make fabulous Christmas or Birthday Gifts

Still in Stock:
Cookies in the Jar, Car wash packs, handmade Leather keyrings, Maze puzzle calculators, Travel Mugs, Handmade soaps, Pen/Pencil sets, Handprinted cards, Storage Boxes of various colours, assorted phone cases, Beetroot marmalade & onion jam

If anyone would like to bake some home made goodies to be sold at the Gift Stall please feel free to bring them along.

We would also appreciate donations of tubs of ice cream and cones or Zooper Dooper style ice blocks - as the weather heats up these are great after school treats.

End of Year Raffle Wed 16th Dec

We have begun collecting prizes for the End of Year raffle. Anyone with a contact at a business (particularly local one) that would be willing to donate a prize or gift voucher, please email csps.pandc@gmail.com or see Naz in the playground.

We are lucky enough to be offering a cash prize of $1000 as our 1st prize again this year thanks to LJ Hooker Dulwich Hill & Marrickville. We have already received some amazing donations of vouchers and prizes from across our school community. We are hoping to offer 10-15 substantial prizes this year, combining vouchers and items where appropriate to make some really exciting prizes.

Raffle tickets will be distributed to children’s classrooms on 25th November so please sell as many as you can- the student who sells the most tickets will get a terrific prize.

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Looking forward to next year

What have you enjoyed this year? What would you like to see more of next year? What can be done differently? Would you like to be President, Vice President, Secretary or Treasurer? Would you like to be on a committee or head up a committee? Now is a really good time to start those conversations and feedback so we can plan ahead.

Next year the P&C will include 2 daytime meetings per term to gain the input of our community unable to attend evening meetings.

Meetings will be held in week 3 and 7 each term. The evening meeting will be held on Tuesday at 7pm followed by the daytime meeting on Wednesday morning, time TBC.

With a bigger focus on action and engagement we hope to see you all at one of our meetings. Minutes from both meetings will be provided to all parties so continuity can remain and any votes will be sealed and culminated as appropriate. A member of the executive will attend each meeting.

Barnardos is the P&C charity of choice as they have an office in Cooks Avenue right near the school and work primarily with disadvantaged adolescents (12-18yr olds)- something I think we can all appreciate. If you have an idea on how to help or an enquiry about becoming a foster family please contact Hayley on 9784 2800 or take a look at www.fosterateen.com or send an email to the P&C.

Big thanks to Esther for wrapping some upcoming gifts- they look amazing!

Contacts for the P&C - If you have views you can email the P&C at csps.pandc@gmail.com or speak to a member of the P&C or drop a note in the P&C box. For information sign up to Wiggio!

The P&C is proudly supported by LJ Hooker Dulwich Hill and Marrickville